

# GRAND ADVENTURES RANCH

## HOLISTIC HEALTH AND NUTRITION FOR ANIMALS AND PEOPLE

### Nutritious and Delicious Amazon Dog Treats

#### Liver Lovers Loaf -

Mix together:

2 lbs beef liver - pureed  
3 eggs  
1 tsp garlic powder  
1 tsp oregano  
1 tbsp Olive Oil  
1 tbsp cold-pressed flax seed oil  
16 Aquazon vegi-caps (or 4 tsp)  
12 Sumacazon vegi-caps (or 3 tsp)  
12 used Shipibo Tea bags

Then mix or fold in:

½ cup corn meal  
½ cup rice flour  
enough whole wheat flour to bring to a thick batter

Pour onto a greased, sided baking sheet and bake at 300° oven for 30 minutes or until firm to touch in center. Let cool then cut into small squares.

Either of these recipes can be varied as to which herbs are used. Don't be afraid to experiment with the herbs - your animals with Thank You! Both of these treats can be stored in your freezer indefinitely. My animals love them frozen in the summer as a cool treat!

Kay

#### Hi-Protein Calming Peanut Rounds

Mix together:

2 cups peanut butter (fresh made is best)  
½ cup Quinoa  
1 cup roasted sunflower seeds  
4 eggs  
½ cup oats or oatmeal  
1 ½ cups brewed Shipibo Treasure Tea  
20 Illumination vegi-caps (or 5 tsp)  
20 Calmazon vegi-caps (or 5 tsp)  
1 cup rice flour  
1+ cups whole wheat flour - enough to firm up dough to dry enough to shape.

Scoop up 1 tbsp balls of dough and shape into balls. Place onto greased cookie sheet at least 2" apart. Use floured bottom of glass or other press to flatten to 1/4" thick. Bake at 350° for 25 minutes. Let cool on rack. Makes approx 60 - 80 cookies.